

Grand Traverse County Drug Free Coalition Newsletter

Volume 2 / Issue 7 / July 2019

RETHINKING ADDICTION CONFERENCE

Addiction Treatment Services

AUGUST 22ND
8:00AM-5:00PM

The purpose of this event is to bring together community members from various sectors to work on the most effective and impactful strategies and initiatives to address the public health crisis of addiction. For more information, or to register, visit <https://www.rethinkingaddiction.org/>

A NOTE FROM THE COORDINATOR

I hope that everyone is enjoying summer! We took the month of July off and we will resume our regular monthly coalition meeting on August 8. As a reminder, we meet on the second Thursday of every month from 4-5pm at Traverse City High School in the MAC. At our August meeting, our guest speaker, Pam Lynch, will be educating us on harm reduction. All are welcome and I hope to see you there!

Health and Happiness,

Lauren

PREVENTION CHAMPION

Congratulations to Lisa Anderson, our Youth Chairperson, on receiving 2nd Place honors for the “Gold Star Prevention Champion” award by the Michigan Department of Health and Human Services’ Office of Recovery Oriented Systems of Care. She received a nomination for this award because of her work in helping prevent the expansion of substance abuse problems in our region.

MY LIFE, MY QUIT

The Michigan Department of Health and Human Services has announced a new, comprehensive quit tobacco and vaping program for Michigan Youth. The My Life, My Quit program is offered by National Jewish Health and offers free and confidential help from a quit coach specifically trained to listen to teens, helps teens navigate social situations that involve tobacco or vaping, and find healthy ways to cope with stress. To learn more visit their website, www.mylifemyquit.com.

OVERDOSE PREVENTION AND RESPONSE TRAINING

Harm Reduction Michigan offers a free training to recognize an opioid overdose and respond to an overdose, it also includes a free overdose rescue kit. The training is open to any community member who might be in a position to save someone's life during an overdose. These regular trainings occur on the last Tuesday of each month from 6-7:30pm at the Traverse Area District Library upstairs in the Thirlby Room. For more information about this event or other services that Harm Reduction Michigan offers, visit their website at www.harmreductionmi.org.

NEWS AND ARTICLES OF INTEREST

- UpNorthLive – 7&4 Hosts an Opioid Town Hall: <https://upnorthlive.com/moam/74-hosts-and-opioid-town-hall>
- CNN – San Francisco Passes Ban on E-cigarette Sales, a US First: <https://www.cnn.com/2019/06/25/health/san-francisco-e-cigarette-ban-sales-bn/index.html>
- RealLeaders – This Should Scare You More Than Terrorism: The Opioid Epidemic: https://real-leaders.com/this-should-scare-you-more-than-terrorism-the-opioid-epidemic/?fbclid=IwAR3ekbZo6okTYJJkmFOf4XahaoRiIG2y7HTohXCcvcMxooUo_r85Bz2gJE

IMPORTANT UPCOMING DATES & EVENTS

August 1 6:30pm – Families Against Narcotics monthly forum meeting at Central United Methodist Church, Traverse City. <https://www.familiesagainstnarcotics.org/copy-of-grand-traverse> *Note - this group meets the 1st Thursday of each month*

August 8 4-5pm – Grand Traverse County Drug Free Coalition monthly meeting at TC High School. *Note – we meet on the 2nd Thursday of each month*

August 27 6-7:30pm – Harm Reduction Michigan monthly overdose prevention and response training at the Traverse Area District Library in the the Thirlby Room.

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Houghan via email at laurenhoughan.coalition@gmail.com