

Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting will take place on Thursday, March 10 from 4-5pm via Zoom. Kate Dahlstrom and Nancy Stevenson will be our guest speakers and they will be talking about the Community Crisis Wellness Center and Community Mental Health. Everyone is welcome and I hope that you are able to join us! The agenda will be sent out in an email early next week.

On February 3, Substance Abuse and Mental Health Services Administration (SAMHSA) announced new reports and grant program addressing the health needs of pregnant women and children affected by substance use. To view the full press release visit, https://www.samhsa.gov/newsroom/press-announcements/20220203/grants-pregnant-women?utm_source=SAMHSA&utm_campaign=a1454326d5-SAMHSA_Announcement_2022_02_03_1600701&utm_medium=email&utm_term=0_ee1c4b138c-a1454326d5-168930066.

Live Well Kalkaska Substance Free Coalition hosts monthly “Coffee with the Coalition” forums. These informal conversations are held on Zoom and are meant to allow people to connect and discuss substance use disorders, recovery, and related topics or concerns within their community. For more information about upcoming forums, visit the coalition’s Facebook page, or you can view previous forums on YouTube by visiting Up North Prevention’s YouTube channel.

Be well,

Lauren

UPCOMING EVENTS

Parents Against Vaping E-cigarettes (PAVe) is partnering with Spectrum Health and the Michigan Chapter of the American Academy of Pediatrics to present ‘E-cigarettes and Youth Vaping: What Michigan Parents Need to Know in 2022.’ This free webinar will take place on Monday, **March 21** at 4pm on Zoom. Click here to register <https://pave.salsalabs.org/EcigsandVapingMichigan/index.html>.

On **April 7**, MSU Extension will begin a new 6-week Chronic Pain PATH Series. This is a self-management online workshop designed for people living with chronic pain. Family members, friends, and caregivers are also encouraged to attend the workshop. The class will meet on Thursdays from 1:30-3:30pm on Zoom. For more information and to register, visit <https://www.canr.msu.edu/events/chronic-pain-path4-7>.

On November 4, 2021, 140 stakeholders from across the region met at a Behavioral Health Action Summit to jump to action to address the mental health and substance misuse crisis in Northwest Michigan. Twelve Action Teams were formed to tackle critical issues, such as improving access to services to promoting wellbeing and resiliency. Since that time, the Action Teams have been working to create tangible changes and resources for the region. The 'Behavioral Health Initiative's Celebration Summit: Fostering the Seeds of Behavioral Health' is a virtual event that will take place on **April 11** from 9:45am-4:00pm to celebrate the early wins of the Action Teams, strategize the continuation of these projects, and to create the next generation of Action Teams to continue to improve access and build resilient communities. To register for the event, visit https://uso6web.zoom.us/meeting/register/tZIodeqgqj4vGtRL4MX7XlRpRrJU_84bIWbL.

The Michigan Coalition to Reduce Underage Drinking (MCRUD) is hosting their 9th annual Shoalition Showcase; the virtual conference will take place on Tuesday, **April 19** from 8:45am-4:15pm on Zoom. The Shoalition showcases community coalitions in Michigan and the great work that is being done to prevent and reduce underage drinking. It also provides an opportunity for coalitions, prevention professionals, and advocates with the tools needed to reduce underage drinking. For more information and to register, visit their website at <http://events.r2o.constantcontact.com/register/event?oeidk=a07eiyenk8v9050dcod&llr=94v5yuyab>

Save the date for 2022 Michigan Harm Reduction Summit. The Michigan Department of Health and Human Services will host this event virtually on **Tuesday, May 17 – Thursday, May 19, 2022**. The conference will feature daily half-day sessions from 9am-1pm. Registration will open in April.

STAND

The Kingsley Students Together against Negative Decisions (STAND) Club is getting ready for their weeklong March Madness event starting on March 14. This event will include daily competitions and education in the students' home room classrooms and will end with a school-wide assembly on Friday. Chief O'Brien, from the Traverse City Police Department, will be at the assembly to introduce himself to the students. Harry Werkema will be doing a drug and alcohol awareness presentation at the assembly. Harry is a retired police officer who worked in schools for many years.

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' The PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Solitude Float and Wellness Spa, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the

AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (<https://www.downtowntc.com/relief/>) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$10,300 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, and the Traverse City Airport.

RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home: https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone numbers is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- TIME – What Euphoria Gets Right and Wrong About Teen Drug Use and Addiction: <https://time.com/6152502/euphoria-hbo-teenage-drug-use/>
- The Record Eagle – Nonprofits Want Strategy for Seeking State Funding: https://www.record-eagle.com/news/local_news/nonprofits-want-strategy-for-seeking-state-funding/article_9c432600-9436-11ec-84c9-c7da9d5688ad.html
- Interlochen Public Radio – Michigan Set to Get Part of 26 Billion Opioid Settlement: <https://www.interlochenpublicradio.org/2022-02-28/michigan-set-to-get-part-of-26-billion-opioid-settlement>

IMPORTANT UPCOMING DATES & EVENTS

March 3 6:30pm – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City (face masks required) and can also be attended virtually on Zoom *Note - this group meets the 1st Thursday of each month*

March 10 4-5pm – Grand Traverse County Drug Free Coalition monthly meeting, held virtually – Zoom link: <https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUTo9> *Note – we meet on the 2nd Thursday of each month*

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com

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