

Grand Traverse Addiction & Recovery Council (GTARC) Newsletter

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A NOTE FROM THE COORDINATOR

Hello council members,

I hope that everyone is enjoying summer in beautiful Northern Michigan! Just a reminder that the coalition does not meet in July, our next meeting will take place on Wednesday, August 13 from 3:30-4:30pm.

On June 4, 2025, the Michigan Department of Health and Human Services issued a warning to residents about a dramatic increase in emergency healthcare incidents related to the recreational use of nitrous oxide, also known as “laughing gas,” in Michigan. For the full press release, visit:

<https://www.michigan.gov/mdhhs/inside-mdhhs/newsroom/2025/06/04/nitrous-oxide>.

On June 30, 2025, the Michigan Department of Health and Human Services issued a warning to residents about carfentanyl, a potent fentanyl alteration that is reemerging in the unregulated drug supply and contributing to overdose deaths. For the full press release, visit: <https://www.michigan.gov/mdhhs/inside-mdhhs/newsroom/2025/06/30/overdoses>.

Be well,

Lauren

RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/social-services.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration’s “Just Think Twice” website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home

- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone number is (888) 733-7753.

NEWS AND ARTICLES OF INTEREST

- The Ticker – Addiction Treatment Services Will Temporarily Suspend Recovery Homes Program: <https://www.traverseticker.com/news/addiction-treatment-services-will-temporarily-suspend-recovery-homes-program/>
- Northern Express – What Comes After the Pines?: <https://www.northernexpress.com/news/feature/what-comes-after-the-pines/>

IMPORTANT UPCOMING DATES & EVENTS

July 28 from 5:30-6:30pm – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

Mission: To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

Vision: A substance use disorder free Grand Traverse County (SUD free GTC)

Contact Us

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If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com

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