

# Grand Traverse County Drug Free Coalition Newsletter

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## A NOTE FROM THE COORDINATOR

Hello coalition members,

I hope that everyone is enjoying the beginning of our fall season! Our next coalition meeting will take place on Thursday, October 8 from 4-5pm via Zoom. Sally Smarsty, from Northwest Michigan Area of Narcotics Anonymous, will be presenting at the meeting. I will send out the agenda and meeting details in an email as the date approaches. Everyone is welcome and I hope that you all can join us!

September was National Recovery Month where we celebrated the gains made by those living in recovery. This was the 31<sup>st</sup> year of the national observance held annually to increase awareness and understanding of mental and substance use disorders and to celebrate individuals in recovery.

Be well,  
Lauren

## UPCOMING EVENTS

Officer Jermaine Galloway (a.k.a. Tall Cop) is hosting a virtual training of “High in Plain Sight” on December 10. He will be talking about the current trends of today’s marijuana, over the counter, and synthetic drug trade and culture. This three-hour training is free of charge and will be offered at two different times that day, from 8:30am-11:30am and 12:30pm-3:30pm, to provide flexibility. For more information on the event and details on how to register, visit this link:

[file:///C:/Users/CHS/Downloads/Flyer%20Tall%20Cop%20December%202020%20\(1\).pdf](file:///C:/Users/CHS/Downloads/Flyer%20Tall%20Cop%20December%202020%20(1).pdf)

## RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf) map to help residents lacking access to broadband internet at home: [https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file\\_attachments/1470122/JIC%20News%20Release%20259\\_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf)

- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_99557---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html)
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone numbers is (888) 733-7753.
- Matt Zerilli and Madie Begley from Addiction Treatment Services' The PORCH co-host regular Facebook live check-ins to help people stay connected and to cope with the current physical distancing requirements. For updates on upcoming live events or to watch recorded videos, visit and join the "The PORCH Community Center: A Project of ATS" Facebook group.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: [https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm\\_source=teeneblast&utm\\_medium=email&utm\\_content=nf&utm\\_term=NPnp&utm\\_campaign=teen-NDAFW2020](https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020)

## NEWS AND ARTICLES OF INTEREST

- CNN – MTV's '16 and Recovering' is Stark Look at Young Addiction: <https://www.cnn.com/2020/09/01/entertainment/16-and-recovering/index.html>
- Psychiatry & Behavioral Health Learning Network – Opioid Use Linked to Hearing Loss: [https://www.psychcongress.com/article/opioid-use-linked-hearing-loss?utm\\_campaign=Rx%20Summit%20enews&utm\\_medium=email&\\_hsmi=94969066&\\_hsenc=p2ANqtz-8jmkjfvMZ3B-1-\\_nFc6lG7pFJxcb22UhkiFHFUxpUawc1YwoWmEZ\\_Mov\\_rf5UiLmO43mcflmZ6oan6C5YLMtC4MOKptNLxzgJY4FrOEvqNTWeTDo&utm\\_content=94969066&utm\\_source=hs\\_email](https://www.psychcongress.com/article/opioid-use-linked-hearing-loss?utm_campaign=Rx%20Summit%20enews&utm_medium=email&_hsmi=94969066&_hsenc=p2ANqtz-8jmkjfvMZ3B-1-_nFc6lG7pFJxcb22UhkiFHFUxpUawc1YwoWmEZ_Mov_rf5UiLmO43mcflmZ6oan6C5YLMtC4MOKptNLxzgJY4FrOEvqNTWeTDo&utm_content=94969066&utm_source=hs_email)
- The Record Eagle – DDA to Discuss 'Healthy Drinking Culture': [https://www.record-eagle.com/news/business/dda-to-discuss-healthy-drinking-culture/article\\_61c8a8c4-f789-11ea-a31b-bf3788e9ee78.html](https://www.record-eagle.com/news/business/dda-to-discuss-healthy-drinking-culture/article_61c8a8c4-f789-11ea-a31b-bf3788e9ee78.html)

## IMPORTANT UPCOMING DATES & EVENTS

**October 1 6:00pm** – Families Against Narcotics monthly forum (meeting will be held virtually - Zoom link: <https://misc00.zoom.us/j/2423050413>). <https://www.familiesagainstnarcotics.org/grand-traverse> \*Note - this group meets the 1<sup>st</sup> Thursday of each month\*

**October 8 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, held virtually via Zoom.  
\*Note – we meet on the 2<sup>nd</sup> Thursday of each month\*

## Contact Us

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**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*