Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

I hope that everyone is enjoying summer! Just a reminder that the coalition does not meet in July, our next meeting will take place on Thursday, August 10 from 4-5pm.

On May 22, 2023, the U.S. Food and Drug Administration (FDA) approved prescription nasal spray to reverse opioid overdose. To view the full press release, visit https://www.fda.gov/news-events/press-announcements/fda-approves-prescription-nasal-spray-reverse-opioid-overdose.

On May 23, 2023, the FDA approved a new buprenorphine treatment option for opioid use disorder. To view the full press release, visit https://www.fda.gov/news-events/press-announcements/fda-approves-new-buprenorphine-treatment-option-opioid-use-disorder.

Lauren

STAND

Our Students Together against Negative Decisions (STAND) Clubs have come to an end for the 2022/2023 school year. The students did a lot of great work this year and we are excited to start up again in the fall!

One of our STAND Club seniors received a \$1,000 scholarship for his great work and leadership as a STAND Club member throughout his high school career. The recipient was:

Hunter Witham – Hunter is a senior at Traverse City West Senior High. He has been a member of Student Senate all four of his years at Traverse City West and has served the last two years as the STAND leader at West. Hunter has also been a member of the baseball and basketball teams. Some of his major accomplishments with the STAND Club include assisting with the STAND Drug Free basketball game, volunteering at the coalition's Stuff a Blue Goose events, attended the STAND Summit, read vaping awareness facts on the morning announcements, created a vaping awareness video that was shared with West Middle School students, and created a "Make Good Decisions" video about drinking and driving that was shared with all juniors and seniors at West before prom. Hunter plans on attending Michigan State University where he will study finance. He hopes to continue working to advocate for drug awareness.

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (https://www.downtowntc.com/relief/) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$19,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, the Grand Traverse County Health Department, and the Interlochen Center for the Arts.

UPCOMING EVENTS

The 2023 Rural Michigan Opioid and Substance Use Summit will be held on Thursday, **July 20** at the Ellison Place in Gaylord. For more information and to register, visit: https://mcrh.msu.edu/events/opioid-summit.

Addiction Treatment Services is partnering with Advent Lake Ann Baby Pantry for the 2023 Charity Recovery Golf Outing on Saturday, **September 9** at the Crown Golf Course in Traverse City. For additional details and to register, visit: https://www.theporchtc.org/charitygolf.

RESOURCES

• The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program.

https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html

- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. https://www.justthinktwice.gov/
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and
 confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a
 week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a <u>statewide Wi-Fi hotspot</u> map to help residents lacking access to broadband internet at home:

 <a href="https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%2_0News%20Release%20259_State%200f%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Michigan%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Michigan%
 - $\underline{Fi\%20Hotspots\%C2\%Aoto\%20Help\%20Residents\%20Lacking\%20Access\%20to\%20Broadband\%20In}\\ \underline{ternet.pdf}$
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178 99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals callings the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550 2941---,00.html. The phone number is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: https://www.drugabuse.gov/related-topics/covid-19-resources
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
 https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_cam_paign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- The Traverse City Business News One Step Closer: Addiction Treatment Services Plans Women-Specific Facility: https://www.tcbusinessnews.com/one-step-closer-addiction-treatment-services-plans-women-specific-facility/
- National Institute on Alcohol Abuse and Alcoholism Major Update to Popular Alcohol Facts and Statistics Resource: https://www.niaaa.nih.gov/news-events/announcement/major-update-popular-alcohol-facts-and-statistics-resource

 WILX – Michigan Senate Passes Bill Allowing Alcohol Sales in College Stadiums: https://www.wilx.com/2023/06/14/michigan-senate-passes-bills-allowing-alcohol-sales-college-stadiums/

IMPORTANT UPCOMING DATES & EVENTS

July 26 at 5-7pm – Catholic Human Services (CHS) will hold a monthly Resource Roundtable drop-in event on the last Wednesday of each month at CHS (1000 Hastings St, Traverse City). Come and express your needs, collaborate with other community members and Peer Recovery Coaches, and connect with community resources for things such as recovery meetings, budgeting assistance, health and prevention, food and nutrition, & education or job search.

July 31 at 5:30-6:30pm – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

Mission: To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

Vision: A substance use disorder free Grand Traverse County (SUD free GTC)

Contact Us

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Coordinator

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Michigan

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at <u>GTCdrugfreecoalition@gmail.com</u>

The Grand Traverse County Drug Free Coalition is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)