Grand Traverse County Drug Free Coalition Newsletter

Volume 6 / Issue 2 / February 2023

A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, March 9 from 4-5pm. We will be meeting in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Jenn Campbell, the Police Social Worker Coordinator for the Traverse City Police Department, will be our guest speaker. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email early next week.

On February 10, 2023, the Michigan Department of Health and Human Services released the plan for initial opioids settlements funds. For the full press release, visit: https://www.michigan.gov/mdhhs/inside-mdhhs/newsroom/2023/02/10/opioids-spend-plan.

The Great Lakes Addiction Technology Transfer Center (ATTC), Mental Health Technology Transfer Center (MHTTC), and the Prevention Technology Transfer Center (PTTC) are pleased to introduce a new Substance Abuse and Mental Health Services Administration (SAMHSA) funded technical assistance center serving the Great Lakes Region. The Great Lakes Rural Opioid Technical Assistance Regional Center provides free, expertled training and technical assistance focused on building rural community capacity to prevent, treat, and support recovery for opioid use disorder and other mental health and substance use disorders. For more information, visit

https://app.explore.wisc.edu/e/es?s=1427524768&e=1145935&elqTrackId=51e861781d16471282f1c296cabd15a9&elq=ebde10b28d784405ab3151ae1d7f5c39&elqaid=33636&elqat=1. When you visit the website, you will see a link to a needs assessment. To make sure they are using the funding in ways that align with the needs of rural service providers and communities, please take a few minutes to complete that assessment.

Be	well,
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Lauren

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase

availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (https://www.downtowntc.com/relief/) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$17,500 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, and the Grand Traverse County Health Department.

UPCOMING EVENTS

The Michigan Coalition to Reduce Underage Drinking (MCRUD) is hosting their 10th annual **Shoalition Showcase**; the virtual conference will take place on Tuesday, **April 25** from 8:30am-4:00pm on Zoom. The Shoalition showcases community coalitions in Michigan and the great work that is being done to prevent and reduce underage drinking. It also provides an opportunity for coalitions, prevention professionals, and advocates with the tools needed to reduce underage drinking. For more information and to register, visit their website at http://events.r2o.constantcontact.com/register/event?oeidk=ao7ejmvmsnqd990be1a&llr=94v5yuyab.

RESOURCES

- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. https://www.justthinktwice.gov/
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a <u>statewide</u> <u>Wi-Fi hotspot</u> map to help residents lacking access to broadband internet at home:
 <a href="https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%2_0News%20Release%20259_State%200f%20Michigan%20Launches%20Online%20Map%20of%20Fre_e%20Wi-
 - $\underline{Fi\%20 Hotspots\%C2\%Aoto\%20 Help\%20 Residents\%20 Lacking\%20 Access\%20 to\%20 Broadband\%20 In \underline{ternet.pdf}$

- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178 99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals callings the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550 2941---,00.html. The phone numbers is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: https://www.drugabuse.gov/related-topics/covid-19-resources
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
 https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_cam_paign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- mLIVE— Michigan to Repay Student Loans in Exchange for Opioid Addiction Programs: https://www.mlive.com/public-interest/2023/02/michigan-to-repay-student-loans-in-exchange-for-opioid-addiction-programs.html
- Governing How Counties Intend to Address the Nation's Mental Health Crisis:
 https://www.governing.com/now/how-counties-intend-to-address-the-nations-mental-health-crisis?utm_campaign=Newsletter%20-%20GOV%20-%20Daily&utm_medium=email&_hsmi=246576_067&_hsenc=p2ANqtz-_FyrzifJaMASsJAR6q-wPNTSrXB54VvZ62Vp7ekSNWAJckTApGR4KM6AmUaeEtPb_SCvmSDmDWiUYyJyWK8H88pkZDL_A&utm_content=246576067&utm_source=hs_email
- NPR Over-the-Counter Narcan Will Save Lives, Experts Say. But the Cost Will Affect Access: https://www.npr.org/2023/02/18/1157556969/narcan-fda-over-the-counter

IMPORTANT UPCOMING DATES & EVENTS

March 2 at 7pm (doors open at 6:45pm) – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City *Note - this group meets the 1st Thursday of each month*

March 9 4-5pm – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUT09 *Note – we meet on the 2nd Thursday of each month*

Mission: To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

Vision: A substance use disorder free Grand Traverse County (SUD free GTC)

Contact Us

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Coordinator

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If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via $email\ at\ \underline{GTCdrugfreecoalition@gmail.com}$

The Grand Traverse County Drug Free Coalition is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)

