

Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

The May 11 coalition meeting is cancelled. This falls on the same day as the Community Health Innovation Region's Behavioral Health Summit, so we encourage people to attend that event instead. You can find details and registration information for the Behavioral Health Summit below, under "Upcoming Events" in this newsletter. We will resume our regular coalition meetings on June 8.

The Substance Abuse and Mental Health Services Administration (SAMHSA) released a new funding opportunity, **Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations**. The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. Applications are due June 5. To learn more, visit https://www.samhsa.gov/grants/grant-announcements/sp-23-004?utm_source=SAMHSA&utm_campaign=2f169190b1-EMAIL_CAMPAIGN_2023_04_03_04_50_COPY_01&utm_medium=email&utm_term=0_-1fef6c547f-%5BLIST_EMAIL_ID%5D.

To reduce the occurrence of overdoses and help residence learn to treat an overdose, the Michigan Department of Health and Human Services (MDHHS) is launching **OpiRescue**, a smartphone app aimed at reducing harm. This free app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. For more information, visit <https://www.michigan.gov/mdhhs/inside-mdhhs/newsroom/2023/03/08/opirescue-smartphone-app>.

A California school community released a mini-film on the fentanyl epidemic, it shows how fentanyl can impact students and their families: https://www.justthinktwice.gov/media/time-act-now-california-school-makes-fentanyl-mini-film?utm_medium=email&utm_source=govdelivery. Students in Maryland created a PSA to warn their peers about the dangers of fentanyl: https://www.justthinktwice.gov/media/weve-lost-friends-maryland-students-make-fentanyl-psa?utm_medium=email&utm_source=govdelivery.

Be well,

Lauren

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (<https://www.downtowntc.com/relief/>) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$17,800 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, and the Grand Traverse County Health Department.

UPCOMING EVENTS

The Northern Michigan Regional Entity is sponsoring a free day of recovery education for individuals who are seeking recovery or are in recovery from a substance use disorder. The event will take place on **May 8** at Treetops Resort Convention Center in Gaylord from 9:30am-3:30pm. A light breakfast and full lunch will be provided. For more information and to register, visit <https://www.eventbrite.com/e/nmre-day-of-recovery-education-tickets-569818902677>.

The Northwest Michigan Community Health Innovation Region's (CHIR) Behavioral Health Initiative (BHI) was launched in June of 2021 to respond to the behavioral health crisis in the region. Strengthening Systems for Behavioral Health: A Celebration and Action Summit will be taking place virtually on **May 11** from 9am-3pm. This event will be to learn about and celebrate the work of the BHI Actions Teams. For more information and to register, visit:

<https://uso6web.zoom.us/meeting/register/tZopduChqDooG9ceOoDEaxWP1tEOtoXCBIz>.

The 2023 Michigan Harm Reduction Summit will be held on **May 16-17**. The summit will be hosted in-person in Lansing at the Lansing Center, with a virtual option for select sessions. For more information and to register,

visit: https://www.michigan.gov/mdhhs/keep-mi-healthy/chronicdiseases/hepatitis/michigan-harm-reduction-summit?utm_campaign=&utm_medium=email&utm_source=govdelivery.

RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program.
<https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration’s “Just Think Twice” website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home:
https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf
- The State of Michigan has put together a list of resources if you’re feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone number is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- The Detroit News – Lawmakers Bring Back Plan to Allow Alcohol Sales at University Sporting Events: <https://www.detroitnews.com/story/sports/college/big-ten/2023/04/18/michigan-lawmakers-propose-alcohol-sales-at-college-sporting-events/70126097007/>
- Detroit Free Press – Michigan Communities Will Share \$60 Million of Recreational Marijuana Tax Revenue: <https://www.freep.com/story/news/marijuana/2023/02/28/michigan-marijuana-regulation-fund-recreational-tax-revenue/69953705007/>
- The Philadelphia Inquirer – Philadelphia will Classify Xylazine as a Schedule III Drug, Gov. Shapiro Announces: https://www.inquirer.com/health/xylazine-schedule-iii-drug-pennsylvania-shapiro-20230418.html?clickText=health_5&utm_source=newsletter&utm_medium=email&utm_campaign=latest_headlines_4_18_2023&sfmc_id=0031U00001jrOFUQA2&sub_source=newsletter_latest_headlines&list_name=DE44_Newsletter_Latest_Headlines&int_promo=newsletter&et rid=257237649

IMPORTANT UPCOMING DATES & EVENTS

May 4 at 7pm (doors open at 6:45pm) – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City *Note - this group meets the 1st Thursday of each month*

May 29 at 5:30-6:30pm – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

May 31 at 5-7pm – Catholic Human Services (CHS) will hold a monthly Resource Roundtable drop-in event on the last Wednesday of each month at CHS (1000 Hastings St, Traverse City). Come and express your needs, collaborate with other community members and Peer Recovery Coaches, and connect with community resources for things such as recovery meetings, budgeting assistance, health and prevention, food and nutrition, & education or job search.

Mission: To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

Vision: A substance use disorder free Grand Traverse County (SUD free GTC)

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com

The Grand Traverse County Drug Free Coalition is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)

