

# Grand Traverse Addiction & Recovery Council (GTARC) Newsletter

Volume 8 / Issue 7 / July 2025

## A NOTE FROM THE COORDINATOR

Hello council members,

Our next coalition meeting is on Wednesday, August 13 from 3:30-4:30pm, **this meeting will be VIRTUAL ONLY**. Alisha Meneely, the Government and Community Outreach Director with Protect MI Child, will discuss ways we can keep children safe online. One key resource is the Michigan Child Protection Registry, which helps parents ensure their children are not being served ads for alcohol, tobacco/vaping products, online gambling, pornography, or marijuana. An agenda and Zoom link will be emailed out closer to the meeting. Everyone is welcome and I hope that you can join us!

On July 28, 2025, the Substance Abuse and Mental Health Services Administration (SAMHSA) released findings from the 2024 National Survey on Drug Use and Health (NSDUH). The report provides insight into how people across the United States are experiencing mental health challenges, substance use, and seeking treatment. This year's release is especially significant, as it marks the first time since 2020 that four years of comparable data are available, allowing for the analysis of key trends over time.

<https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health/national-releases/2024>

Each month, the Michigan Department of Health and Human Services releases a report highlighting recent substance use and overdose trends and patterns in Michigan. You can view the May 2025 report at the following link:

<https://app.powerbigov.us/view?r=eyJrIjoieYzY4ZmQ4OTctYWU1ZCooYmMyLWFjZTktOGExMzkxM2Y1ODE4IiwidCI6ImQ1ZmI3MDg3LTM3NzctNDJhZC05NjZhLTg5MmVmNDcyMjVhMSJ9>.

Be well,

Lauren

## UPCOMING EVENTS



## RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/social-services.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist.

Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone number is (888) 733-7753.

## NEWS AND ARTICLES OF INTEREST

- Up North Live – Grand Traverse Mental Health Center Expands to 24/7 Operations, Adds Urgent Care: <https://upnorthlive.com/news/local/grand-traverse-mental-health-center-expands-to-247-operations-adds-urgent-care>
- Bridge Michigan – Michigan Getting Millions More to Aid Opioid Battle: <https://www.bridgemi.com/michigan-health-watch/michigan-getting-millions-more-aid-opioid-battle>

## IMPORTANT UPCOMING DATES & EVENTS

**August 7 6pm** – Face Addiction Now (FAN) monthly board meeting in person at Central United Methodist Church in Traverse City. All are welcome.

**August 13 3:30-4:30pm** – Grand Traverse Addiction & Recovery Council (GTARC) monthly meeting, in person at the Grand Traverse County Health Department (2600 LaFranier Rd, Traverse City); Virtual option: <https://us06web.zoom.us/j/89210306992?pwd=MojRjNOcmhXiGLp7ktLhyKtAykqkxc.1> \*Note – we meet on the 2<sup>nd</sup> WEDNESDAY of each month\*

**August 25 from 5:30-6:30pm** – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

## Contact Us

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*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

*The Grand Traverse Addiction & Recovery Council is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)*

