

Grand Traverse Addiction & Recovery Council (GTARC) Newsletter

Volume 8 / Issue 3 / March 2025

A NOTE FROM THE COORDINATOR

Hello council members,

Our next coalition meeting is on Wednesday, April 9 from 3:30-4:30pm, **this meeting will be VIRTUAL ONLY**. Mike Tobias from the Michigan Coalition to Reduce Underage Drinking (MCRUD) will discuss how lowering the blood alcohol content (BAC) limit from 0.08 to 0.05 could be an effective strategy for reducing alcohol-related crashes and fatalities. An agenda and Zoom link will be emailed out closer to the meeting. Everyone is welcome and I hope that you can join us!

Each month, the Michigan Department of Health and Human Services releases a report that overviews recent substance use and overdose trends and patterns in Michigan. This link will lead you to the January 2025 report:

<https://app.powerbigov.us/view?r=eyJrIjoiYzY4ZmQ4OTctYWU1ZCooYmMyLWFjZTktOGExMzkxM2Y1ODE4IiwidCI6ImQ1ZmI3MDg3LTM3NzctNDJhZCo5NjZhLTg5MmVmNDcyMjVhMSJ9>.

Be well,

Lauren

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$8 per poster. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Robert Frost, Peninsula Market, both Oleson locations, Burritt's Fresh Market, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have raised over \$29,500 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children’s Advocacy Center, Boone’s Car Wash, the Grand Traverse County Health Department, the Interlochen Center for the Arts, Northwest Michigan Health Services, Fox Motors, Leelanau Senior Services, and Seven Hills.

We donated \$5,000 to Addiction Treatment Service’s Phoenix house to help support women in recovery. Women can bring their children with them to Phoenix House, so the donation will also support the children that live there. The Grand Traverse Pie Company matched with a \$3,000 donation. We are planning to make another \$5,000 donation in the near future and are seeking community members and organizations that would like to match our donation at any level. If interested in making a donation, please contact Lauren Reed at gtdrugfreecoalition@gmail.com.



UPCOMING EVENTS

2ND ANNUAL HARM REDUCTION CONFERENCE

APRIL 10, 2025 | 8AM - 4PM
TIMBER WOLF LAKE
4909 N. MOREY RD., LAKE CITY



Conference Topics and Offerings:

- Panel Discussion
- Peer Recovery Coach Discussion
- Lessons Learned and Recommendations for Action: Voices of People in Recovery
- Drug Checking Discussion
- Keynote Speaker - Dr. Riddle: Treating Pregnant Women through Harm Reduction Efforts
- MDHHS - Advancing Harm Reduction Strategies in Michigan: The Critical Role of Narcan
- Resource Tables
- MCBAP and General CEUs/CMEs
- Breakfast and Lunch

To register, visit
<https://survey.alchemer.com/s3/8204033/2025-Harm-Reduction-Conference-Registration-Form>
 or scan the QR code at the top
**seating is limited*
**registration closes April 3rd or sooner if capacity is reached*









For questions, contact Angie at agullekson@dhd10.org or 231-876-3813



VIRTUAL PERINATAL SUBSTANCE USE DISORDER HARM REDUCTION TRAINING

Details:

- **Topics:** Understanding the Evidence & What is Perinatal Harm Reduction
- **Presenter:** Joelle Puccio, BSN, RN Academy of Perinatal Harm Reduction
- Approved **CE:** CNE, MiSW, CHW, MCBAP, CHES, IBCLC

🕒 9 AM - 3:30 PM EST
 📅 April 23, 2025
 📍 Virtual

REGISTER

bit.ly/4351jEU











This program is supported by the Michigan Health Endowment Fund.

Please join the Coalition to Combat Human Trafficking for

A Night of Hope & Advocacy


SILENT AUCTION & GUEST PANEL

Thursday, April 24th | 5:30 PM

Denno's Museum
1410 College Dr, Traverse City, MI 49686

Proceeds directly benefit the survivors of human trafficking

To purchase tickets, visit cchthope.eventbrite.com or scan QR code



Road to Restoration

Hosted by:


&


Drivers' License Restoration Clinic

April 25, 2025 *Traverse City Michigan Works*
10am-3pm *1209 S. Garfield Ave. Suite C*
Traverse City, Michigan, 49686

Scan here to schedule an appointment



*Please schedule your clinic appointment prior to arrival.

Partnering Organizations include:

- 217
- Munson Outpatient Behavioral Health
- Grand Traverse Band of Ottawa and Chippewa Indians
- Northwest Michigan Works
- OS Reentry Services
- BDAI
- F.A.N.



*Sponsored by NMORC

RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/social-services.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here

is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html.
The phone number is (888) 733-7753.

NEWS AND ARTICLES OF INTEREST

- The Record Eagle – Voices of Recovery Art Exhibit Combats Stigma of Substance Use Disorder: https://www.record-eagle.com/news/local_news/voices-of-recovery-art-exhibit-combats-stigma-of-substance-use-disorder/article_cf20afb0-e4de-11ef-a33d-070ffc0c976e.html
- Up North Live – Grand Traverse County Struggles to Allocate \$1.6M in Opioid Funds After Two Years: <https://upnorthlive.com/news/local/grand-traverse-co-struggles-to-allocate-16m-in-opioid-funds-after-two-years>
- Up North Live – Women in Northern Michigan Use Coloring Posters to Raise Addiction Awareness After Loss: <https://upnorthlive.com/news/local/women-in-northern-michigan-use-coloring-posters-to-raise-addiction-awareness-after-loss#>

IMPORTANT UPCOMING DATES & EVENTS

April 3 6pm – Face Addiction Now (FAN) monthly board meeting in person at Central United Methodist Church in Traverse City. All are welcome.

April 9 3:30-4:30pm – Grand Traverse Addiction & Recovery Council (GTARC) monthly meeting, **virtual only for April**: <https://us06web.zoom.us/j/89210306992?pwd=MojRjNOcmhXiGLp7ktLhyKtAykqkxc.1> *Note – we meet on the 2nd WEDNESDAY of each month*

April 28 from 5:30-6:30pm – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

Mission: To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

Vision: A substance use disorder free Grand Traverse County (SUD free GTC)

Contact Us

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Coordinator

Grand Traverse Addiction & Recovery Council (GTARC)

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Website: www.gtcdfc.com



If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com

The Grand Traverse Addiction & Recovery Council is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)

