



Grand Traverse County
Drug Free Coalition

February 9, 2023 Meeting Minutes
4-5pm

Hybrid

In person – Addiction Treatment Services’ The PORCH (1010 S. Garfield, Traverse City)

Zoom - <https://us06web.zoom.us/j/86452778258?pwd=Sk9MaUkzd1M3R0hrY0plcm1wY2NEdz09>

Meeting ID: 864 5277 8258

Password: 893979

| TIME | TOPIC | DISCUSSION | OWNER |
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| 4:00pm | SETTLE IN | ATTENDANCE: Linda Solem, Nancy Dow, TRP John Hetfield, Suzy Cline, Lt. Kip Belcher, Diane Goodyear, Melissa Demarse, Jennifer Campbell, Suzanne Prentice, Kendall Rodriguez, Jon Supernaw, David Freedman, Adam Newth, Lou Gamalski, Britt Feldhake, Lauren Reed (coordinator) | |
| 4:10pm | Addiction Treatment Services (ATS) | <p>Nancy Dow, Family Support Coordinator, & Adam Newth, Community Outreach Coordinator, from ATS will be educating us on the work that they do.</p> <ul style="list-style-type: none">Nancy Dow delivered presentations on the Family Road to Recovery and Family-to-Family Support Groups at ATS. Nancy presented the Family Road to Recovery program by giving an overview of the 8-week group sessions, each weekly session 1 ½ hours, and the goals of the classes offered. They are conducted in person and available by Zoom. The Family-to-Family Support Group meets on Monday nights, 5:30pm-6:30pm with a Zoom option. It is a time of open talk that is | Nancy Dow & Adam Newth |

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| | | <p>peer led by bringing in a Recovery Coach to speak. Nancy explained the importance of involving the family in the recovery process.</p> <ul style="list-style-type: none"> • Nancy’s contact information: nancyd@addictiontreatmentservices.org • Adam Newth shared the many past and upcoming events as Community Outreach Coordinator at Addiction Treatment Services. The Mobile Unit goes out twice a week to locations in GT County and surrounding counties. They deliver basic needs supplies, assist with admittance to withdrawal programs, sometimes within 2 hours, and give health assistance where needed. The Porch offers AA/NA/Smart Recovery, Yoga, and many other options for recovery choices. The Jail Program helps with overcoming barriers, teaching cognitive Life Skills among other offerings for a fresh start. A Parenting and Recovery Group is available to those in recovery at ATS, in person or via zoom. Adam is also involved with the Quick Response and Overdose Response Teams bringing WRAP around care to those that qualify. The WRAP around services includes Community Mental Health, Law Enforcement, Safe Harbor, and Munson Medical Center, among others. The Overdose Response Team establishes rapport with each person and offers assistance/treatment, whatever is needed that day. • Adam’s contact information: adamn@addictiontreatmentservices.org | |
| 4:50pm | ANNOUNCEMENTS/ GENERAL UPDATES | <p><u>Can/Bottle Returnables</u> Donations are being accepted for Addiction Treatment Services’ Can/Bottle Returnable program. The proceeds are being used for Basic</p> | Nancy Dow |

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| | | <p>Needs, Detox, Residential Housing, and other programs.</p> <p><u>The PORCH's Community Closet</u> Everything is free and all donations are taken regardless of the season. Off-season clothing will be donated to other resources within the community.</p> <p><u>TIPS Training</u> TIPS training will begin in Grand Traverse County and surrounding counties. Training for Intervention Procedures (TIPS) is a skills-based training program designed to prevent intoxication, underage drinking, and drunk driving. TIPS has certified over 4 million participants and trainers. The training is free having only the cost of workbooks for participants. For more information or to schedule a class, contact Linda at lsolem@catholicumanservices.org</p> <p><u>Coffee with a Cop</u> Next event on Wednesday, Feb. 22nd from 9:00am-10:30am, at Mundo's downtown (305 West Front St). Visit with our local Law Enforcement over a cup of coffee.</p> <p><u>Predator to Prey Documentary & Panel Discussion</u> Presented at East Middle School with a panel of discussion comprised of local people with lived experience</p> <p><u>Dead on Arrival Video</u> Kalkaska High School is showing at an assembly one week before prom.</p> <p><u>Stronger Together Teen Support Group</u> A pilot program written by Jacqueline Sanders of Families against Narcotics (FAN). Once approved by FAN, Suzanne hopes to begin a Teen Support Group this school year.</p> | <p>Diane Goodyear</p> <p>Linda Solem</p> <p>Suzy Cline</p> <p>Nancy Dow & Lauren Reed</p> <p>Suzanne Prentice</p> <p>Suzanne Prentice</p> |
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| 5:00pm | ADJOURNMENT | <i>Next meetings: March 9, April 13, May 11</i> | Lauren Reed |