# **Grand Traverse County Drug Free Coalition Newsletter**

Volume 6 / Issue 1 / January 2023

## A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, February 9 from 4-5pm. We will be meeting in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Nancy Dow, Family Support Coordinator, and Adam Newth, Community Outreach Coordinator, from Addiction Treatment Services will be our guest speakers. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email early next week.

On January 26, the Substance Abuse and Mental Health Services Administration (SAMHSA) announced two grant programs totaling about \$17 million that are aimed at preventing substance misuse and treating substance use disorder among pregnant and postpartum women in the United States. To view the full press release visit, <u>https://www.samhsa.gov/newsroom/press-announcements/20230126/grant-opportunities-preventing-substance-misuse-treating-sud-pregnant-postpartum-women?utm\_source=SAMHSA&utm\_campaign=bd9oc8c2fc-EMAIL\_CAMPAIGN\_2023\_01\_24\_03\_31&utm\_medium=email&utm\_term=0\_bd9oc8c2fc-%5BLIST\_EMAIL\_ID%5D.</u>

The Northwest Michigan Community Health Innovation Region's (CHIR) Behavioral Health Initiative (BHI) was launched in June of 2021 to respond to the behavioral health crisis in the region. **Strengthening Systems for Behavioral Health: A Celebration and Action Summit** will be taking place virtually on May 11, 2023 from 9am-3pm. This event will be to learn about and celebrate the work of the BHI Actions Teams. For more information and to register, visit:

https://uso6web.zoom.us/meeting/register/tZopduChqDooG9ceOoDEaxWP1tEOtoXCBIFz.

Save the date for 2023 Michigan Harm Reduction Summit, it will be held May 16-17, 2023. The summit will be hosted in person in Lansing with a select number of sessions streamed virtually. The target audience includes **a**ll public health, public safety, nurses, physicians, social workers, community health workers, therapists, health educators, as well as professionals working in the substance use space. Registration will open in the coming months.

Be well,

Lauren

## **COLOR FOR HOPE**

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' The PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (https://www.downtowntc.com/relief/) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$17,500 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, and Boone's Car Wash.

### RESOURCES

- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. <u>https://www.justthinktwice.gov/</u>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a <u>statewide</u> <u>Wi-Fi hotspot</u> map to help residents lacking access to broadband internet at home: <u>https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file\_attachments/1470122/JIC%2</u> <u>ONews%20Release%20259\_State%200f%20Michigan%20Launches%20Online%20Map%20of%20Fre</u> <u>e%20Wi-</u> <u>Fi%20Hotspots%C2%A0to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20In</u>

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- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: <u>https://www.michigan.gov/coronavirus/0.9753,7-406-98178\_99557---,00.html</u>
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals callings the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: <a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71550">https://www.michigan.gov/mdhhs/0,5885,7-339-71550</a> 2941---,00.html. The phone numbers is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <u>https://www.drugabuse.gov/related-topics/covid-19-resources</u>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
   <u>https://teens.drugabuse.gov/teachers/out-of-school-time-</u>
   <u>toolkit?utm\_source=teeneblast&utm\_medium=email&utm\_content=nf&utm\_term=NPnp&utm\_cam\_paign=teen-NDAFW2020</u>

## **NEWS AND ARTICLES OF INTEREST**

- 9&10 News Inspections Start for Traverse City Recreational Marijuana Dispensaries: <u>https://www.9and10news.com/2023/01/06/inspections-start-for-traverse-city-recreational-marijuana-dispensaries/</u>
- CBS Detroit Michigan Expands Program to Help Battle Opioid Epidemic: <u>https://www.cbsnews.com/detroit/news/michigan-expands-program-to-help-battle-opioid-epidemic/</u>
- Up North Live Addiction Education Panel to be Held in Antrim County: https://upnorthlive.com/news/local/addiction-education-panel-to-be-held-in-antrim-county
- 13 ABC Michigan Offers New Tool to Fight Opioid Crisis: <u>https://www.13abc.com/2023/01/19/michigan-offers-new-tool-fight-opioid-crisis/</u>

## **IMPORTANT UPCOMING DATES & EVENTS**

**February 2 at 7pm (doors open at 6:45pm)** – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City \*Note - this group meets the 1<sup>st</sup> Thursday of each month\*

**February 9 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: <u>https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUT09</u> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month\* **Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

#### **Contact Us**

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If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at <u>GTCdrugfreecoalition@gmail.com</u>

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