

# Grand Traverse County Drug Free Coalition Newsletter

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## A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, February 8 from 4-5pm. We will be meeting in person at Addiction Treatment Services' the PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Our guest speaker will be Kathy Sanders, from Before During and After Incarceration, who will educate us on the work that they do. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email early next week.

The Substance Free Coalition of Northwest Michigan has a short new video about the importance of Narcan, as part of their Know Dangers campaign. You can view it at:

<https://vimeo.com/floodgatemedial/review/895974663/3e39298e98>

The Michigan Opioid Collaborative (MOC) recently merged with the Opioid Prescribing Engagement Network (OPEN) to become the Overdose Prevention Engagement Network (OPEN). To view their upcoming events, visit: <https://michigan-open.org/events/>

The 488 Wild Life Refuge is a new Recovery Community Organization (RCO) sponsored by Harm Reduction Michigan. It located at 488 Munson Ave, Traverse City, MI 49686. Their current meeting schedule is:

- Mondays
  - 5:30pm – Dharma Recovery
  - 7:00pm – Narcotics Anonymous (NA)
- Tuesdays
  - 7:00pm – Women's Alcoholics Anonymous (AA)
- Wednesdays
  - 7:00pm – Families Anonymous (FA)
- Saturdays
  - 9:00am – Women's AA Book Club

Be well,

Lauren

## COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$8 per poster. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Robert Frost, Peninsula Market, both Oleson locations, Burritt's Fresh Market, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have raised over \$25,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, the Grand Traverse County Health Department, the Interlochen Center for the Arts, Northwest Michigan Health Services, Fox Motors, Leelanau Senior Services, and Seven Hills.

We recently donated \$5,000 to Addiction Treatment Service's Phoenix house to help support women in recovery. Women can bring their children with them to Phoenix House, so the donation will also support the children that live there. The Grand Traverse Pie Company matched with a \$3,000 donation. We are planning to make another \$5,000 donation in the near future and are seeking community members and organizations that would like to match our donation at any level. If interested in making a donation, please contact Lauren Reed at [gtcdrugfreecoalition@gmail.com](mailto:gtcdrugfreecoalition@gmail.com).

## RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf) map to help residents lacking access to broadband internet at home: [https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file\\_attachments/1470122/JIC%20News%20Release%20259\\_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf)
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_99557---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html)
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone number is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: [https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm\\_source=teeneblast&utm\\_medium=email&utm\\_content=nf&utm\\_term=NPnp&utm\\_campaign=teen-NDAFW2020](https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020)

## NEWS AND ARTICLES OF INTEREST

- Up North Live – Has Traverse City Made Any Progress Towards a Healthier Drinking Culture: <https://upnorthlive.com/news/local/has-traverse-city-made-any-progress-towards-a-healthier-drinking-culture>
- The Record Eagle – Human Trafficking: New Coalition Combats this Crime Here: [https://www.record-eagle.com/news/local\\_news/human-trafficking-new-coalition-combats-this-crime-here/article\\_4150b320-b711-11ee-b9ce-c79e5315308d.html](https://www.record-eagle.com/news/local_news/human-trafficking-new-coalition-combats-this-crime-here/article_4150b320-b711-11ee-b9ce-c79e5315308d.html)
- 9&10 News – Northern Michigan Human Trafficking Coalition to Educate the Community on Signs of Crime: <https://www.9and10news.com/2024/01/23/northern-michigan-human-trafficking-coalition-to-educate-the-community-on-signs-of-the-crime/>

## IMPORTANT UPCOMING DATES & EVENTS

**February 1 at 6-7pm** – Families Against Narcotics (FAN) has now switched their forums to occur quarterly. There will be no forum in February, but all are welcome at the monthly board meeting which will be taking place on Thursday, February 1 from 6-7pm. The board meeting will be held in person at Central United Methodist Church in Traverse City

**February 8 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: <https://us06web.zoom.us/j/86452778258?pwd=Sk9MaUkzd1M3ROhrYopIcm1wY2NEdz099> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month\*

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

### Contact Us

**Lauren Reed, MPH**

Coordinator

Grand Traverse County Drug Free Coalition

Email: [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)

Website: [www.gtcdfc.com](http://www.gtcdfc.com)



**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

*The Grand Traverse County Drug Free Coalition is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)*

