

# Grand Traverse County Drug Free Coalition Newsletter

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## A NOTE FROM THE COORDINATOR

Hello coalition members,

Happy spring! April is Alcohol Awareness Month; this is an opportunity to update your knowledge about alcohol use disorder. Alcohol is a leading preventable cause of death in the United States, so it is important to educate ourselves and our communities of the adverse effects of alcohol misuse. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) offers an abundance of research-based resources related to alcohol misuse. Visit the NIAAA's website for more information: <https://www.niaaa.nih.gov/>.

Our next coalition meeting is on Thursday, April 11 from 4-5pm. We will be meeting in person at Addiction Treatment Services' the PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Our guest speaker will be Ashley Halladay-Schmandt, the director of the Northwest Michigan Coalition to End Homelessness, who will educate us on the work that they do. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email early next week.

Be well,

Lauren

## COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$8 per poster. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Robert Frost, Peninsula Market, both Oleson locations, Burritt's Fresh Market, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have raised over \$25,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse

City Airport, the Children's Advocacy Center, Boone's Car Wash, the Grand Traverse County Health Department, the Interlochen Center for the Arts, Northwest Michigan Health Services, Fox Motors, Leelanau Senior Services, and Seven Hills.

We recently donated \$5,000 to Addiction Treatment Service's Phoenix house to help support women in recovery. Women can bring their children with them to Phoenix House, so the donation will also support the children that live there. The Grand Traverse Pie Company matched with a \$3,000 donation. We are planning to make another \$5,000 donation in the near future and are seeking community members and organizations that would like to match our donation at any level. If interested in making a donation, please contact Lauren Reed at [gtcdrugfreecoalition@gmail.com](mailto:gtcdrugfreecoalition@gmail.com).

## LAW ENFORCEMENT TOOLKIT

The Behavioral Health Initiative Reduce Stigma Against Substance Use Disorders Action Team has developed a stigma education toolkit to share with our law enforcement and first responder partners!

This toolkit is intended to be utilized within an agency to educate on substance use stigma and the impacts of stigma. The materials included can be used together or individually; this resource is designed to be used to fit your needs. A Start Here guide is included to help familiarize yourself with the materials.

They have also developed resource guides for each county that provide quick information on recovery, treatment, and harm reduction services. These can be printed and given to employees or referred to when necessary.

Click Here to access the toolkit! [Law Enforcement First Responder Stigma Toolkit](#).

A feedback form is included within the Start Here guide, please provide your feedback when utilizing this resource. This will help to keep the materials relevant and effective. The link to the feedback form is included here as well. [Toolkit Feedback Form](#)

We hope that you will find this toolkit valuable and informative. If you have any questions regarding the toolkit, please contact Erin Oleniczak at District Health Department#10 ([eoleniczak@dhd10.org](mailto:eoleniczak@dhd10.org) or 231-383-6552). To learn more about our action team, please visit [reducestigma.org](http://reducestigma.org).

## UPCOMING EVENTS

The Michigan Coalition to Reduce Underage Drinking (MCRUD) is hosting their 11<sup>th</sup> annual Shoalition Showcase. This in-person event will take place on Tuesday, **April 23** from 8:30am-4:30pm at Peckham, Inc. (3510 Capital City Blvd., Lansing, MI 48906). The Shoalition showcases community coalitions in Michigan and the great work that is being done to prevent and reduce underage drinking. It also provides an opportunity for coalitions, prevention professionals, and advocates with the tools needed to reduce underage drinking. For more information and to register, visit [https://lp.constantcontactpages.com/ev/reg/u6b35b4/lp/9e84bacd-aac6-49aa-ab4c-debd84d435ba?source\\_id=e7df5cd3-cff9-4d7c-8337-9aeed1587736&source\\_type=em&c=IUg5tCadm15fTt8ogAR64F-AjLow\\_1hDAd49WwT3bpMx\\_QTWuC3Q6w==](https://lp.constantcontactpages.com/ev/reg/u6b35b4/lp/9e84bacd-aac6-49aa-ab4c-debd84d435ba?source_id=e7df5cd3-cff9-4d7c-8337-9aeed1587736&source_type=em&c=IUg5tCadm15fTt8ogAR64F-AjLow_1hDAd49WwT3bpMx_QTWuC3Q6w==).

**\*\*VOLUNTEERS NEEDED\*\*** - Before During and After Incarceration (BDAI) will be putting on a Jail Release Simulation Workshop on **May 15** at Northwestern Michigan College. They are looking for volunteers to help with the simulation, if you are interested in volunteering, please reach out to Kathy Sanders at [sand.kathy@gmail.com](mailto:sand.kathy@gmail.com).

Traverse City will be holding a Out of the Darkness Community Walk through the American Foundation for Suicide Prevention on Saturday, **September 21**. For more information, visit [https://supporting.afsp.org/index.cfm?fuseaction=cms.page&id=1579&eventGroupID=9AA117B3-F522-BB6D-359D1AA2D75A7958&cmsContentSetID=88FE98C1-DDB2-887E-9ABEC377E2B94CAC&gl=1\\*15mn8iu\\* ga\\*MTkoMTcwMDIxOS4xNzA3MzE2MzMx\\* ga\\_44VZZG2H84\\*M TcwNzMxNjMzMC4xLjEuMTcwNzMxNjM1Mi4zOC4wLjA.&language=en](https://supporting.afsp.org/index.cfm?fuseaction=cms.page&id=1579&eventGroupID=9AA117B3-F522-BB6D-359D1AA2D75A7958&cmsContentSetID=88FE98C1-DDB2-887E-9ABEC377E2B94CAC&gl=1*15mn8iu* ga*MTkoMTcwMDIxOS4xNzA3MzE2MzMx* ga_44VZZG2H84*M TcwNzMxNjMzMC4xLjEuMTcwNzMxNjM1Mi4zOC4wLjA.&language=en)

## RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration’s “Just Think Twice” website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone number is (888) 733-7753.

## NEWS AND ARTICLES OF INTEREST

- Up North Live – Michigan AG Nessel Unveils New Opioid Settlement Distribution Website: <https://upnorthlive.com/news/local/michigan-attorney-general-dana-nessel-website-opioid-settlement-distribution-cvs-walmart-walgreens-crisis-disorder-treatment-remediation>
- WSBT – Opioid Settlement Distribution Website to Help Recovery Efforts in Northern Michigan: <https://wsbt.com/news/regional/opioid-settlement-distribution-website-to-help-recovery-efforts-in-northern-michigan>

## IMPORTANT UPCOMING DATES & EVENTS

**April 4 6-7pm** – Families Against Narcotics (FAN) quarterly forum in person at Central United Methodist Church in Traverse City. Zoom option available: <https://us06web.zoom.us/j/7483376657?pwd=WlI2RkFvYyttQodzYm1rdXJFWnRLQTo9&omn=84018215694>

**April 11 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: <https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUTo9> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month\*

**April 29 at 5:30-6:30pm** – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

### Contact Us

**Lauren Reed, MPH**

Coordinator

Grand Traverse County Drug Free Coalition

Email: [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)

Website: [www.gtcdfc.com](http://www.gtcdfc.com)



**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

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