

# Grand Traverse County Drug Free Coalition Newsletter

Volume 7 / Issue 2 / February 2024

## A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, March 14 from 4-5pm. We will be meeting in person at Addiction Treatment Services' the PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Our guest speaker will be Corey Winfield, founder and executive director of 217 Recovery, who will educate us on the work that they do. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email closer to the meeting date.

Dave Freedman has been voted in as the new chair of the Grand Traverse County Drug Free Coalition board, effective immediately. Congratulations Dave!

The Northwest Community Health Innovation Region Behavioral Health Initiative Action Teams: Reduce Stigma Against Youth Mental Health Action Team, Reduce Stigma Against Mental Illness Action Team, and Reduce Stigma Against Substance Use Disorders Action Team will be doing a **21-Day Stigma Challenge starting in March**. If you are interested in participating, please sign up using the link below. I will share more information as it becomes available.

[https://docs.google.com/forms/d/e/1FAIpQLSdqfFrmH2xDuyhC8ilNM1EtI\\_A4v37XNVAUIoqys43Rxclvwg/vjwform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdqfFrmH2xDuyhC8ilNM1EtI_A4v37XNVAUIoqys43Rxclvwg/vjwform?usp=sf_link)

Be well,

Lauren

## COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$8 per poster. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Robert Frost, Peninsula Market, both Oleson locations, Burritt's Fresh Market, and the AREA

Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have raised over \$25,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, the Grand Traverse County Health Department, the Interlochen Center for the Arts, Northwest Michigan Health Services, Fox Motors, Leelanau Senior Services, and Seven Hills.

We recently donated \$5,000 to Addiction Treatment Service's Phoenix house to help support women in recovery. Women can bring their children with them to Phoenix House, so the donation will also support the children that live there. The Grand Traverse Pie Company matched with a \$3,000 donation. We are planning to make another \$5,000 donation in the near future and are seeking community members and organizations that would like to match our donation at any level. If interested in making a donation, please contact Lauren Reed at [gtcdrugfreecoalition@gmail.com](mailto:gtcdrugfreecoalition@gmail.com).

## LAW ENFORCEMENT TOOLKIT

The Behavioral Health Initiative Reduce Stigma Against Substance Use Disorders Action Team has developed a stigma education toolkit to share with our law enforcement and first responder partners!

This toolkit is intended to be utilized within an agency to educate on substance use stigma and the impacts of stigma. The materials included can be used together or individually; this resource is designed to be used to fit your needs. A Start Here guide is included to help familiarize yourself with the materials.

They have also developed resource guides for each county that provide quick information on recovery, treatment, and harm reduction services. These can be printed and given to employees or referred to when necessary.

Click Here to access the toolkit! [Law Enforcement First Responder Stigma Toolkit](#).

A feedback form is included within the Start Here guide, please provide your feedback when utilizing this resource. This will help to keep the materials relevant and effective. The link to the feedback form is included here as well. [Toolkit Feedback Form](#)

We hope that you will find this toolkit valuable and informative. If you have any questions regarding the toolkit, please contact Erin Oleniczak at District Health Department#10 ([eoleniczak@dhd10.org](mailto:eoleniczak@dhd10.org) or 231-383-6552). To learn more about our action team, please visit [reducestigma.org](http://reducestigma.org).

## UPCOMING EVENTS

The Michigan Coalition to Reduce Underage Drinking (MCRUD) is hosting their 11<sup>th</sup> annual Shoalition Showcase. This in-person event will take place on Tuesday, **April 23** from 8:30am-4:30pm at Peckham, Inc. (3510 Capital City Blvd., Lansing, MI 48906). The Shoalition showcases community coalitions in Michigan and the great work that is being done to prevent and reduce underage drinking. It also provides an opportunity for

coalitions, prevention professionals, and advocates with the tools needed to reduce underage drinking. For more information and to register, visit [https://lp.constantcontactpages.com/ev/reg/u6b35b4/lp/9e84bacd-aac6-49aa-ab4c-debd84d435ba?source\\_id=e7df5cd3-cff9-4d7c-8337-9aeed1587736&source\\_type=em&c=IUg5tCadm15fTt8ogAR64F-AjLow\\_1hDAd49WwT3bpMx\\_QTWuC3Q6w==](https://lp.constantcontactpages.com/ev/reg/u6b35b4/lp/9e84bacd-aac6-49aa-ab4c-debd84d435ba?source_id=e7df5cd3-cff9-4d7c-8337-9aeed1587736&source_type=em&c=IUg5tCadm15fTt8ogAR64F-AjLow_1hDAd49WwT3bpMx_QTWuC3Q6w==).

**\*\*VOLUNTEERS NEEDED\*\*** - Before During and After Incarceration (BDAI) will be putting on a Jail Release Simulation Workshop on May 15 at Northwestern Michigan College. They are looking for volunteers to help with the simulation, if you are interested in volunteering, please reach out to Kathy Sanders at [sand.kathy@gmail.com](mailto:sand.kathy@gmail.com).

Traverse City will be holding a Out of the Darkness Community Walk through the American Foundation for Suicide Prevention on Saturday, September 21. For more information, visit [https://supporting.afsp.org/index.cfm?fuseaction=cms.page&id=1579&eventGroupID=9AA117B3-F522-BB6D-359D1AA2D75A7958&cmsContentSetID=88FE98C1-DDB2-887E-9ABEC377E2B94CAC&gl=1\\*15mn8iu\\*ga\\*MTkoMTcwMDIxOS4xNzA3MzE2MzMx\\*ga\\_44VZZG2H84\\*MTcwNzMxNjMzMC4xLjEuMTcwNzMxNjM1Mi4zOC4wLjA.&language=en](https://supporting.afsp.org/index.cfm?fuseaction=cms.page&id=1579&eventGroupID=9AA117B3-F522-BB6D-359D1AA2D75A7958&cmsContentSetID=88FE98C1-DDB2-887E-9ABEC377E2B94CAC&gl=1*15mn8iu*ga*MTkoMTcwMDIxOS4xNzA3MzE2MzMx*ga_44VZZG2H84*MTcwNzMxNjMzMC4xLjEuMTcwNzMxNjM1Mi4zOC4wLjA.&language=en)

## RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration’s “Just Think Twice” website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone number is (888) 733-7753.

## NEWS AND ARTICLES OF INTEREST

- Northern Express – On the Move with Mobile Crisis Care: <https://www.northernexpress.com/news/feature/on-the-move-with-mobile-crisis-care/>
- The Guardian – What are Nicotine Pouches, and are they Actually Better for You than Cigarettes?: <https://www.theguardian.com/wellness/2024/feb/13/what-are-nicotine-pouches-health-risks?ref=upstract.com>
- 9&10 News – Addiction Treatment Services Ranked Second in Newsweek Magazine Best Addiction Treatment Facilities in Michigan: <https://www.9and10news.com/2024/01/31/addiction-treatment-services-in-traverse-city-ranked-second-in-newsweek-magazines-best-addiction-treatment-facilities-in-michigan/>

## IMPORTANT UPCOMING DATES & EVENTS

**March 7 6-7pm** – Families Against Narcotics (FAN) has now switched their forums to occur quarterly. There will be no forum in March, but all are welcome at the monthly board meeting which will be taking place on Thursday, March 7 from 6-7pm. The board meeting will be held in person at Central United Methodist Church in Traverse City

**March 14 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: <https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUTo9> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month\*

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

### Contact Us

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Coordinator

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**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

*The Grand Traverse County Drug Free Coalition is funded through a Liquor Tax Grant from the Northern Michigan Regional Entity (NMRE)*

