

Grand Traverse County Drug Free Coalition Newsletter

Volume 3 / Issue 10 / November 2020

A NOTE FROM THE COORDINATOR

Hello coalition members,

I hope that everyone is staying safe and healthy. Our coalition does not meet in the month of December, so our next coalition meeting will take place on Thursday, January 14 from 4-5pm via Zoom.

WMed Medical Examiner Office's "Deaths Related to Opioids and Other Drugs – July to September 2020 Report" has been released. This report includes data for Grand Traverse County, click on the following link to view the report:

[file:///C:/Users/CHS/Downloads/Deaths%20related%20to%20opioids%20and%20other%20drugs%20-%20Q3%20report%20-%20WMed%20\(1\).pdf](file:///C:/Users/CHS/Downloads/Deaths%20related%20to%20opioids%20and%20other%20drugs%20-%20Q3%20report%20-%20WMed%20(1).pdf)

Happy Holidays!

Lauren

STUFF A BLUE GOOSE

On Friday, December 11, our coalition will be collaborating with the Michigan State Police to hold a Stuff a Blue Goose event. We will be collecting new unopened toys and non-perishable items that will be donated to Single MOMM, a local non-profit with a mission to ignite hope, healing, and confidence within single moms. Please drop off toys and non-perishable items on 12/11/20 between 4 and 7pm in the Walmart parking (2640 Crossing Cir, Traverse City, MI 49684).



UPCOMING EVENTS

Officer Jermaine Galloway (a.k.a. Tall Cop) is hosting a virtual training of “High in Plain Sight” on December 10. He will be talking about the current trends of today’s marijuana, over the counter, and synthetic drug trade and culture. This three-hour training is free of charge and will be offered at two different times that day, from 8:30am-11:30am and 12:30pm-3:30pm, to provide flexibility. For more information on the event and details on how to register, visit this link:

[file:///C:/Users/CHS/Downloads/Flyer%20Tall%20Cop%20December%202020%20\(1\).pdf](file:///C:/Users/CHS/Downloads/Flyer%20Tall%20Cop%20December%202020%20(1).pdf)

The Michigan Substance Use Prevention, Education, and Recovery (MiSUPER) will be offering two upcoming community webinars for Northern Michigan, which aim to empower Michigan communities to prevent opioid misuse and support people in recovery. These presentations are free of charge and are scheduled for December 2 from 12-1pm and December 16 from 12-1pm. The objectives of these presentations are:

- What are opioids and what impact do opioids have on the body?
- How has the opioid crisis impacted Michigan communities?
- What treatment, recovery, and alternative to opioid options are available?
- How can I minimize a loved one’s risk or an opioid overdose and support their recovery?
- What can we do to prevent opioid misuse and address the opioid crisis?

To register for the December 2 presentation from 12-1pm, visit https://bit.ly/misuper_dec2 or to register for the December 16 presentation from 12-1pm, visit https://bit.ly/misuper_dec16.

RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home: https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf
- The State of Michigan has put together a list of resources if you’re feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone numbers is (888) 733-7753.
- Matt Zerilli and Madie Begley from Addiction Treatment Services’ The PORCH co-host regular Facebook live check-ins to help people stay connected and to cope with the current physical distancing requirements. For updates on upcoming live events or to watch recorded videos, visit and join the “The PORCH Community Center: A Project of ATS” Facebook group.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>

- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- 9&10 News – Addiction Treatment Services Giving Away Free Opioid Overdose Reversal Kit to Businesses: <https://www.9and10news.com/2020/11/04/addiction-treatment-services-giving-away-free-opioid-overdose-reversal-kit-to-businesses/>
- 9&10 News – Free Addiction Treatment Program Coming to Traverse City: <https://www.9and10news.com/2020/11/12/free-addiction-treatment-program-hope-not-handcuffs-coming-to-traverse-city/>
- University of Michigan – Sexual Minorities, Especially Women, Who Misuse Substances More Likely to Have Psychiatric Disorders: <https://news.umich.edu/sexual-minorities-especially-women-who-misuse-substances-more-likely-to-have-psychiatric-disorders/>
- The Conversation – College-Age Kids and Teens are Drinking Less Alcohol – Marijuana is a Different Story: <https://theconversation.com/college-age-kids-and-teens-are-drinking-less-alcohol-marijuana-is-a-different-story-149895>

IMPORTANT UPCOMING DATES & EVENTS

December 3 6:00pm – Families Against Narcotics monthly forum (meeting will be held virtually - Zoom link: <https://misc.aon.zoom.us/j/2423050413>). <https://www.familiesagainstnarcotics.org/grand-traverse>

Note - this group meets the 1st Thursday of each month

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com