Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting will take place on Thursday, February 10 from 4-5pm via Zoom. Paula Wiese, the Department Analyst for the Preventive Services Section of the Michigan State Police (MSP), will be our guest speaker. Paula also runs the MSP Angel Program. Everyone is welcome and I hope that you are able to join us! The agenda will be sent out in an email early next week.

The Campaign for Tobacco-Free Kids released a report that takes a state-by-state look at the 1998 tobacco settlement 23 year later. Michigan is only spending 1.7% of the Centers for Disease Control and Prevention (CDC) recommended spending. For more information and to see how Michigan compares to other states visit: https://www.tobaccofreekids.org/what-we-do/us/statereport/.

On January 13, 2022, the Substance Abuse and Mental Health Services Administration (SAMHSA) released a statement on the Food and Drug Administration's (FDA) drug safety alert on Buprenorphine and risk for tooth decay. Read the full statement here: <u>https://www.samhsa.gov/newsroom/statements/2022/fda-drug-safety-buprenorphine-risk-tooth-decay?utm_source=SAMHSA&utm_campaign=899cd1fe09-SAMHSA_Announcement_2022_01_12_1600633&utm_medium=email&utm_term=0_ee1c4b138c-899cd1fe09-168930066</u>.

The Drug Enforcement Administration developed the "One Pill Can Kill" campaign. The threat of counterfeit pills laced with deadly fentanyl and/or meth is on the rise, particularly via social media. The bottom line message of the campaign is to not take a pill that was not prescribed for you by a medical professional and filled by a pharmacist. Visit <u>www.dea.gov/onepill</u> to view the information and toolkit of resources, which can be shared with your colleagues, constituents, family, friends, and neighbors.

Be well,

Lauren

STAND

The Kingsley Students Together against Negative Decisions (STAND) Club has been busy planning multiple events for this winter! In December they held a food panty re-stock competition and spirited holiday dress up days, both events were a success. In January, the juniors and seniors gave exam tips in homeroom to freshmen and sophomores, both the teachers and students really enjoyed this. They provided morning treats on January 24 to welcome students and to start the second semester off on a positive note. In February they will be doing some "share the love" activities, these include decorating the hallway to show love for everyone who attends Kingsley and a cookie sale that will be sent to students or teachers with a positive notes.

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' The PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Solitude Float and Wellness Spa, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (https://www.downtowntc.com/relief/) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$10,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86th District Court, the 13th Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, and the Traverse City Airport.

RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a <u>statewide</u> <u>Wi-Fi hotspot</u> map to help residents lacking access to broadband internet at home: <u>https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%2</u> <u>ONews%20Release%20259_State%200f%20Michigan%20Launches%20Online%20Map%200f%20Fre</u> <u>e%20Wi-</u> <u>Fi%20Hotspots%C2%Aoto%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20In</u> <u>ternet.pdf</u>
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: <u>https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html</u>
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist.

Individuals callings the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: <u>https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html</u>. The phone numbers is (888) 733-7753.

- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <u>https://www.drugabuse.gov/related-topics/covid-19-resources</u>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
 <u>https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_cam_paign=teen-NDAFW2020</u>

NEWS AND ARTICLES OF INTEREST

- UpNorthLive Gov. Whitmer Attends Mental Health Roundtable in Traverse City: https://upnorthlive.com/news/local/gov-whitmer-attends-mental-health-roundtable-in-traverse-city
- Manistee News Advocate Manistee is Home to a New Group Hoping to Prevent Overdose Deaths: <u>https://www.manisteenews.com/local-news/article/Manistee-is-home-to-a-new-group-hoping-to-prevent-16790814.php</u>
- mLIVE Here's Who Had the Most Liquor Sales in Michigan's 83 Counties: <u>https://www.mlive.com/public-interest/2022/01/heres-who-had-the-most-liquor-sales-in-michigans-83-</u> <u>counties.html</u>

IMPORTANT UPCOMING DATES & EVENTS

February 3 6:30pm – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City (face masks required) and can also be attended virtually on Zoom *Note this group meets the 1st Thursday of each month*

February 10 4-5pm – Grand Traverse County Drug Free Coalition monthly meeting, held virtually – Zoom link: <u>https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUT09</u> *Note – we meet on the 2nd Thursday of each month*

Contact Us

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If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at <u>GTCdrugfreecoalition@gmail.com</u>