

# Grand Traverse County Drug Free Coalition Newsletter

Volume 5 / Issue 8 / August 2022

## A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting will take place on Thursday, September 8 from 4-5pm via Zoom. Sharon Vreeland will be joining us to provide education on Adverse Childhood Experiences (ACE) and the connection to substance use disorder. Sharon is the coordinator for the 45<sup>th</sup> Parallel Resilience Network, is an ACE Interface Community Champion, and is currently working towards her ACE Interface Master Trainer certification. Everyone is welcome and I hope that you are able to join us! The agenda will be sent out in an email soon.

Up North Prevention is rolling out a young adult survey for 16-24 year olds across Northern Lower Michigan. They are looking for valuable input from young adults in high school, headed to college, currently in college, or in the workforce. The anonymous survey takes about 4 minutes; they will be giving away four prizes: a paddle board, a Yeti cooler, AirPods, and a \$250 Visa gift card. If you know anyone in this age group, have friends with young adult children, or if you know any employers that could distribute to their staff in this target age range, please share the survey link or QR code with them. Thank you!

Survey link:

<https://www.surveymonkey.com/r/YoungAdultSurvey2022MI>



On August 31, 2022 (International Overdose Awareness Day), the Substance Abuse and Mental Health Services Administration (SAMHSA) announced the awarding of \$79.1 million in overdose prevention grants. Read the full statement here: [https://www.samhsa.gov/newsroom/press-announcements/20220831/hhs-announces-awarding-overdose-prevention-grants?utm\\_source=SAMHSA&utm\\_campaign=e6b1726a71-SAMHSA Announcement 2022 08 31 1601495&utm\\_medium=email&utm\\_term=0\\_ee1c4b138c-e6b1726a71-168930066](https://www.samhsa.gov/newsroom/press-announcements/20220831/hhs-announces-awarding-overdose-prevention-grants?utm_source=SAMHSA&utm_campaign=e6b1726a71-SAMHSA%20Announcement%202022%2008%2031%201601495&utm_medium=email&utm_term=0_ee1c4b138c-e6b1726a71-168930066).

Be well,

Lauren

## UPCOMING EVENTS

NMSAS will be holding a virtual Recovery Messaging training on Friday, September 9 from 9am-3:30pm. This training is available to anyone in the community, you do not have to be a recovery coach. Space is limited, to RSVP contact Grayson Lewis at [glewis@nmsas.org](mailto:glewis@nmsas.org) or (989) 370-5619.

The Traverse Area District Library (Woodmere location) will be hosting “**Community Conversations: Addiction & Recovery – Recovery Celebrates Recovery**” on **Tuesday, September 20 at 6pm**. For more information visit <https://events.tadl.org/event/community-conversations-addiction-recovery-series-recovery-celebrates-recovery>.



- Speaker Bio, Brochure, & Registration form: <https://www.northernlakescmh.org/latest-news/special-initiatives/cod-conference/>
- Credit Card Payment through My North Tickets: <https://mynorthtickets.com/events/gender-trauma-the-evolution-of-crisis-addiction-9-22-2022>
- Sponsorship Information & Online Forms: <https://forms.office.com/pages/responsepage.aspx?id=V367v-a5iEGpuOHhwmzLHmg2594r-INLs672rAgbMftUNoJVM1pHT1JZSElHM1UxVoNMRUw3TU05TC4u>

On November 4th, 2021, and April 11th 2022, over 140 stakeholders from across the region met to take action to address the mental health and substance misuse crisis in Northwest Michigan. Twelve Action Teams were formed to tackle a number of critical issues ranging from improving access to behavioral health providers/services to promoting wellbeing and resiliency. The next meeting to learn about and to celebrate the work of these action teams will take place virtually on **September 29 from 10am-4pm**. To learn more about and to register for “**The Behavioral Health Initiative’s Celebration & Actions Summit: Cultivating the Growth of Behavioral Health**” visit

<https://uso6web.zoom.us/meeting/register/tZiufuCqrD8qGNZJ3lNJFdfCqBtdKfXsXWfx>.

Save the Date for **“Beyond Opioids: A Regional Symposium”** on **Thursday, October 20 from 8am-3pm** at Little River Casino Event Center in Manistee, Michigan. This will be an informative discussion on drug trends, current efforts to reduce substance use, and the impact of substance use disorder on our community. The event is being put on by Manistee SEA, Manistee HSCB, LRBOI Be Da Bin Behavioral Health, MSU Extension, and Centra Wellness Network.

## **COLOR FOR HOPE**

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18”x24” colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS’ The PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson’s Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (<https://www.downtowntc.com/relief/>) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$15,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, and the Children’s Advocacy Center.

## **RESOURCES**

- The US Drug Enforcement Administration’s “Just Think Twice” website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.
- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](#) map to help residents lacking access to broadband internet at home: [https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file\\_attachments/1470122/JIC%20News%20Release%20259\\_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Fre](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Fre)

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- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_99557---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html)
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html). The phone numbers is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: [https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm\\_source=teeneblast&utm\\_medium=email&utm\\_content=nf&utm\\_term=NPnp&utm\\_campaign=teen-NDAFW2020](https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020)

## NEWS AND ARTICLES OF INTEREST

- Northern Express – Bad Trends, Broken Systems, and Bold New Programs: <https://www.northernexpress.com/news/feature/bad-trends-broken-systems-and-bold-new-programs/>
- The Record Eagle – Women in Treatment Facilities Face Unique Hardships as Two Facilities Close: [https://www.record-eagle.com/news/local\\_news/women-in-treatment-face-unique-hardship-as-two-facilities-close/article\\_79f49c90-197f-11ed-955f-e78a35e59b90.html](https://www.record-eagle.com/news/local_news/women-in-treatment-face-unique-hardship-as-two-facilities-close/article_79f49c90-197f-11ed-955f-e78a35e59b90.html)
- 9&10 News – Traverse City Hosts Youth Mental Health Summit: <https://www.9and10news.com/2022/08/09/traverse-city-hosts-youth-mental-health-summit/>
- Up North Live – Proposal Looks to Provide 24/7 Safe Place in Winter for People Experiencing Homelessness: <https://upnorthlive.com/news/local/proposal-looks-to-provide-247-safe-place-for-people-experiencing-homelessness>
- yahoo! – Booze-free Bars? Why Some Restaurants and Bars are Taking Alcohol Off the Menu: <https://www.yahoo.com/lifestyle/what-is-an-alcohol-free-bar-that-serves-mocktails-141603733.html>
- ABC – New Reality TV Show Pilot 'Rescue Addiction' Films in Pensacola: <https://weartv.com/news/local/new-reality-tv-show-pilot-rescue-addiction-films-in-pensacola>

## IMPORTANT UPCOMING DATES & EVENTS

**September 1 at 7pm (doors open at 6:45pm)** – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City and can also be attended virtually on Zoom

\*Note - this group meets the 1<sup>st</sup> Thursday of each month (excluding July)\*

**September 8 from 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, held virtually –

Zoom link: <https://us06web.zoom.us/j/86452778258?pwd=Sk9MaUkzd1M3RohrYopIcm1wY2NEdzo9> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month (excluding July)\*

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

### Contact Us

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Coordinator

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**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

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