

Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

I hope that everyone is enjoying the start of summer! As a reminder, we will not be meeting in July. Our next coalition meeting will take place on Thursday, August 13 from 4-5pm. As that date approaches, I will let you know whether we will be meeting live or virtually. Be sure to look through all of the great Covid-19 resources that are included below and please share them as you see fit.

The University of Michigan Injury Prevention Center and partners have been working to compile a new report that provides insights into the impact that cannabis has on the health and well-being of Michigan citizens and communities. The report, which I have included below in the “NEWS AND ARTICLES OF INTEREST” section, provides an understanding of cannabis-related injury, health, and social indicators prior to 2018, before the legalization of recreational cannabis. It also sets the stage for future reports to examine changes in the years following the passage of the law.

On Wednesday, June 24, 2020, the White House Office of National Drug Control Policy and Senior Administration Officials launched the Rural Community Toolbox website; this is a new resource for rural communities impacted by addiction. It will serve as a clearinghouse for funding and resources in multiple different federal agencies to help rural leaders build strong, healthy, and drug-free communities. Here is the link to the new website, <https://www.ruralcommunitytoolbox.org/>.

Be safe and enjoy the upcoming holiday weekend!

Be well,

Lauren

RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf) map to help residents lacking access to broadband internet at home: https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html

- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone numbers is (888) 733-7753.
- Matt Zerilli and Madie Begley from Addiction Treatment Services' The PORCH co-host a Facebook live check-in weekday mornings to help people stay connected and to cope with the current physical distancing requirements. To watch Mornings at the Porch Live, or to watch the recorded videos, visit and join the "The PORCH Community Center: A Project of ATS" Facebook group.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>
- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school: https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- University of Michigan Injury Prevention Center – Impact of Recreational Cannabis Legalization in Michigan: A Baseline Report May 2020: file:///C:/Users/CHS/Downloads/2020_IPC_Cannabis_Report.pdf
- The Record Eagle – A Gaping Need for Substance Abuse Treatment Beds: https://www.record-eagle.com/news/a-gaping-need-for-substance-abuse-treatment-beds/article_9b5223da-b6f3-11ea-9ef1-73d06b6cde80.html
- University of Connecticut – Op-Ed: Resilience is an Important Tool to Help you Deal with Coronavirus and the Surge in Cases: <https://today.uconn.edu/2020/06/op-ed-resilience-important-tool-help-deal-coronavirus-surge-cases/>

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com