

# Grand Traverse County Drug Free Coalition Newsletter

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## A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, June 8 from 4-5pm. We will be meeting in person at Addiction Treatment Services' the PORCH (1010 S Garfield Ave, Traverse City), with a virtual option as well. Our guest speaker will be Donna Norkoli, from District Health Department #10, who will be talking about the substance use disorder and mental illness stigma reduction projects she has been working on through the Northwest Community Health Innovations Region's Behavioral Health Initiative action teams. Everyone is welcome and I hope that you are able to join us! The agenda and Zoom details will be sent out in an email early next week.

Munson Healthcare recently released a video titled, **The Science of Substance Use Disorders Explained**. Working with patients with chronic illness, including substance use disorders (SUD), requires persistence and compassion. Join James Whelan, MD, Medical Director for Munson Healthcare to learn why it can be so difficult for patients to reach a state of recovery. Find more information and resources on the below landing page. <https://www.youtube.com/watch?v=L67K3c6DNIM>

The Northern Michigan Community Health Innovation Region released the MiThrive Community Health Assessment Explainer Video. Please take a couple of minutes to watch the short video and share within your network. <https://vimeo.com/825453740?share=copy>

Big Brothers Big Sisters (Bigs) has immediate openings in Grand Traverse County for youth in their Mentoring Programs, specifically female youth. Bigs serves youth ages 6-12+, referred by parents, teachers, doctors, social workers, or advocates, who could benefit from an encouraging mentor who listens, introduces them to new opportunities, and helps them identify and develop their skills. Connect interested families with Bigs by calling or texting (231) 642-9124 or visit [bigsupnorth.com/enroll-a-child](https://bigsupnorth.com/enroll-a-child).

Be well,

Lauren

## COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase

availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' the PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (<https://www.downtowntc.com/relief/>) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised over \$18,325 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2<sup>nd</sup> floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, Salvation Army, the 86<sup>th</sup> District Court, the 13<sup>th</sup> Circuit Court, the Goodwill Inn, the Friendship Community Center, Central United Methodist Church, the Northwestern Michigan College Library, the BATA Bus transfer stations, the Traverse City Airport, the Children's Advocacy Center, Boone's Car Wash, and the Grand Traverse County Health Department.

## UPCOMING EVENTS

Addiction Treatment Services' will be hosting the Rethinking Addiction: Trauma Responsive Conference on **June 12** at the Grand Traverse Resort and Spa from 8:30am-3:45pm. For more information and to register, visit: <https://www.theporchtc.org/conference>.

The 2023 Rural Michigan Opioid and Substance Use Summit will be held on Thursday, **July 20** at the Ellison Place in Gaylord. For more information and to register, visit: <https://mcrh.msu.edu/events/opioid-summit>.

## RESOURCES

- The Traverse City Police Department has launched their website for the Quick Response Team (QRT). It contains information on how you can obtain a naloxone kit in our area, how to use naloxone, making a referral to the program, and other information about this program. <https://www.traversecitymi.gov/government/city-departments/police-department/community-policing/quick-response-team.html>
- The OpiRescue app helps anyone, including first responders, prevent opioid misuse and reduce opioid overdose deaths by addressing education, prevention, and tracking of overdose reversals. This free overdose support is available for Android, iPhone, and on the web.
- The US Drug Enforcement Administration's "Just Think Twice" website provides drug information, news stories, personal stories, consequences, facts, and statistics. <https://www.justthinktwice.gov/>
- The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.



## IMPORTANT UPCOMING DATES & EVENTS

**June 1 at 7pm (doors open at 6:45pm)** – Families Against Narcotics monthly forum will be held in person at Central United Methodist Church in Traverse City \*Note - this group meets the 1<sup>st</sup> Thursday of each month\*

**June 8 4-5pm** – Grand Traverse County Drug Free Coalition monthly meeting, in person at Addiction Treatment Services' The PORCH (1010 S Garfield Ave, Traverse City); Virtual option: <https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUTo9> \*Note – we meet on the 2<sup>nd</sup> Thursday of each month\*

**June 26 at 5:30-6:30pm** – Catholic Human Services will hold a Money Management – Early Recovery class on the last Monday of each month at CHS (1000 Hastings St, Traverse City).

**June 28 at 5-7pm** – Catholic Human Services (CHS) will hold a monthly Resource Roundtable drop-in event on the last Wednesday of each month at CHS (1000 Hastings St, Traverse City). Come and express your needs, collaborate with other community members and Peer Recovery Coaches, and connect with community resources for things such as recovery meetings, budgeting assistance, health and prevention, food and nutrition, & education or job search.

**Mission:** To create a community-wide culture of awareness and action in the prevention, treatment and recovery of substance use disorders.

**Vision:** A substance use disorder free Grand Traverse County (SUD free GTC)

### Contact Us

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**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at [GTCdrugfreecoalition@gmail.com](mailto:GTCdrugfreecoalition@gmail.com)*

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