

Grand Traverse County Drug Free Coalition Newsletter

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A NOTE FROM THE COORDINATOR

Hello coalition members,

Our next coalition meeting is on Thursday, September 9 from 4-5pm via Zoom. Pam Lynch, from Harm Reduction Michigan, will be our speaker. Everyone is welcome and I hope that you are able to join us! The agenda will be sent out in an email early next week.

September is National Recovery Month. This is a time to promote and support new evidence-based treatment and recovery practices, recovery communities, and service providers and community members who make recovery possible.

Be well,

Lauren

COLOR FOR HOPE

We have received a lot of community support so far and our Color for Hope fundraiser continues! These 18"x24" colorable posters come in four unique designs, two Traverse City and two Leelanau posters. The designs include businesses, landmarks, and scenery specific to these areas. The local artist, Susan Alexander, spent hours in the natural areas, businesses, and landmarks of Traverse City and Leelanau County areas to capture the beautiful details. Susan Alexander lost her daughter to the disease of addiction. She is a passionate supporter of this cause and donated these posters as a way to further efforts to curb addiction and increase availability of resources related to education, prevention and treatment. All proceeds from the sale of these posters go to support SUD education, prevention, and treatment in our community.

The cost is \$15 for a set of two posters. The posters are currently available at both Oryana locations, ATS' The PORCH, The Red Dresser, Haberdashery, Premier Floral Design & Gift Emporium, Solitude Float and Wellness Spa, Peninsula Market, Anderson's Market, Leelanau Coffee Roasting Co., The Botanical Gardens, and the AREA Posters Facebook page. You can also email me directly and I can coordinate a pickup with you. Cash, credit cards, or checks, made payable to Catholic Human Services, are accepted.

We have collaborated with the Traverse City Downtown Development Authority for this project. They will be promoting and selling our posters for \$20; \$15 will be going towards our fundraiser and \$5 will go towards the Downtown Relief Fund. You can visit their website (<https://www.downtowntc.com/relief/>) to purchase or stop into Great Lakes Bath and Body or Spice and Tea Merchants.

We have raised almost \$7,000 so far and have purchased Naloxone Safety Kits that have been installed at the Woodmere (2nd floor), East Bay, Peninsula, & Kingsley libraries, Living Hope Church, and the Salvation Army.

We had a resource table and sold posters at the Red Dresser's Barn Market event over Memorial Day weekend as well as assisted with parking for the event. We have been asked back to assist with parking for the Fall Barn Market event as well. We will receive at least \$500 for helping with parking, which will go towards purchasing additional Naloxone Safety Kits for our community. **If you are available to help with parking at the fair grounds on the afternoon/evening of Friday, September 10 or the morning/early afternoon of Saturday, September 11 please let me know.**

UPCOMING EVENTS

Up North Prevention has upcoming virtual Naloxone trainings that are free of charge. To view the full list of trainings, more details, and to register go to <https://upnorthprevention.org/events/>.

The Interlochen Public Library is hosting LONG ROAD TO RECOVERY, a book discussion series about recovery from addiction featuring a different book each session with a group discussion in the Interlochen Public Library Community Room. The dates of the remaining sessions are:

- Thursday, September 16th 5-7pm
- Thursday, October 21st 5-7pm

Books are free to the community but copies are limited so stop by the library soon to register and get your copy. Registration is not required to attend the discussions. Refreshments and childcare will be provided.

RESOURCES

- The State of Michigan, in partnership with the Connected Nation Michigan, has launched a [statewide Wi-Fi hotspot](https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf) map to help residents lacking access to broadband internet at home: https://content.govdelivery.com/attachments/MIMSP/2020/06/09/file_attachments/1470122/JIC%20News%20Release%20259_State%20of%20Michigan%20Launches%20Online%20Map%20of%20Free%20Wi-Fi%20Hotspots%20to%20Help%20Residents%20Lacking%20Access%20to%20Broadband%20Internet.pdf
- The State of Michigan has put together a list of resources if you're feeling emotional distress caused by COVID-19, the page offers many ways to connect to emotional-support services without leaving your home: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_99557---,00.html
- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialist. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness support and a listening ear. Here is the link to the warmline: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941---,00.html. The phone numbers is (888) 733-7753.
- The National Institute on Drug Abuse (NIDA) has put together a list of resources for people with substance use disorders and those in recovery to address the unique challenges faced during the COVID-19 pandemic: <https://www.drugabuse.gov/related-topics/covid-19-resources>

- The NIDA for Teens has a free online toolkit that offers science-based activities and resources on drug use and addiction for educating teens while they are out of school:
https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit?utm_source=teeneblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=teen-NDAFW2020

NEWS AND ARTICLES OF INTEREST

- The Record Eagle – Non-opioid Alternatives in Michigan Hospitals would Cut Addiction:
https://record-eagle-cnhi.newsmemory.com/?publink=385af9e8e_1345ead
- Up North Live – Traverse City Asking for Input from Community on Marijuana Regulations:
<https://upnorthlive.com/news/local/traverse-city-asking-for-input-from-community-on-marijuana-regulations>
- Detroit Free Press – Gov. Whitmer Signs Bills to Allow Expungement of First-Time DUIs, Similar Convictions: <https://www.freep.com/story/news/politics/2021/08/24/michigan-dui-expungement-whitmer/5572134001/>
- 9&10 News – Remembering & Honoring Those We Have Lost & Supporting Those Struggling, Overdose Awareness Day August 31: <https://www.9and10news.com/2021/08/25/remembering-honoring-those-we-have-lost-supporting-those-struggling-overdose-awareness-day-august-31/>
- Fox News – One Alcoholic Drink Raises Risk of Irregular Heartbeat, Study Suggests:
<https://www.foxnews.com/health/alcohol-risk-irregular-heartbeat-study-suggests>

IMPORTANT UPCOMING DATES & EVENTS

September 2 6:00pm – Families Against Narcotics monthly forum will be held **IN-PERSON** at F&M Park
Note - this group meets the 1st Thursday of each month

September 9 4-5pm – Grand Traverse County Drug Free Coalition monthly meeting, held virtually – Zoom link: <https://zoom.us/j/95640237687?pwd=aXNTNoc2QUJ6WGpaQ3h3Y215WmFxUT09> *Note – we meet on the 2nd Thursday of each month*

Contact Us

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**Grand Traverse County
Drug Free Coalition**

If you have news or events you would like to share or are interested in participating in the Coalition, please contact Lauren Reed via email at GTCdrugfreecoalition@gmail.com