

# GRAND TRAVERSE COUNTY DRUG FREE COALITION (GTCDFC) NEWSLETTER

Volume 1 / Issue 1 / January 2018

## COALITION COORDINATOR HIRED

Renae Fogarty was hired in December 2017. Renae worked for St. Joseph Mercy Health System in Ann Arbor for the past three years and has a background in Health Administration. She is also pursuing her Masters of Public Health Degree through Michigan State University and plans to complete the program at the end of 2018. "I am really excited to begin working with this group to not only help reduce community drug trends, but also educate and promote healthy lifestyles." In her free time, Renae enjoys exercising and spending time outdoors with her husband and her dog.



## NEW YEAR WELCOMES NEW PEOPLE AND IDEAS

Welcome to the first newsletter for the Grand Traverse County Drug Free Coalition (GTCDFC)! We are busy getting organized and look forward to welcoming new members interested in helping address the ongoing issue of drug abuse and misuse in our community.

At the end of 2017, the coalition was awarded a \$105,000 grant from the Northern Michigan Regional Entity (NMRE) for coalition development. Grant dollars will fund our full time coordinator, an epidemiologist, youth liaisons for our student prevention work and more! The group was also awarded a \$4,800 grant from the Community Foundation which will go toward the development of a peer-to-peer prevention program in our schools.

At our January 11<sup>th</sup> coalition meeting, goals were discussed for the year. Below are a just a few identified priorities for 2018!

### 2018 Goals

1. Develop logo and website – see logo on page 2
2. Establish By-Laws
3. Update Mission & Vision statements of the Coalition
4. Identify leaders in the community in each of the 12 sectors aligning with the Drug Free Communities Grant (DFC)
5. Apply for the DFC grant through the Substance Abuse and Mental Health Services Administration (SAMHSA)

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**Current Mission Statement:** "Create a stigma free community-wide culture of awareness and recovery in substance use including alcohol, tobacco and other drugs through youth and family education and community collaboration, with a goal of prevention, intervention and healthy alternatives"

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## A RECENT SUCCESS

Friday January 12<sup>th</sup> was the Spirit Basketball Game (TC West vs. TC Central). Students from both schools gathered together to promote a Drug Free Community. Students made t-shirts that were given away and worn that night with “Drug Free TC” stated on the back of each shirt. They raised \$723 that were donated to ATS’s, S.O.A.R. program. S.O.A.R. stands for “Sober Opportunities And Recreation”. For more info on this program follow the link:

<http://www.9and10news.com/2017/12/14/soar-program-launched-help-people-addiction-recovery/> Great work students!

## WHAT ARE THE 12 SECTORS?

The 12 sectors were adapted from the Community Anti-Drug Coalitions of America (CADCA) model of Community Coalitions. Having representation from each sector is critical to the success of a Coalition. The 12 sector representatives will consist of those interested in the reduction of substance use disorder in the community including, but not limited to the following: *Youth, Parent, Business, Media, School, Youth-serving organization, Law enforcement, Religious/Fraternal organization, Civic/Volunteer groups, Healthcare professional or organization, State, local or tribal government agency, and other organization involved in reducing substance abuse.* We hope to have at least one person identified as a representative for each of the 12 sectors by our February 8<sup>th</sup> Coalition meeting.

## NEWS AND ARTICLES OF INTEREST

- January 22<sup>nd</sup>-28<sup>th</sup> is National Drug and Alcohol Facts Week: <https://teens.drugabuse.gov/national-drug-alcohol-facts-week/get-activity-ideas/alcohol-event-toolkit>
- Student member of the Drug Free Coalition and TC West Senior, Amanda Breithaupt is honored in the Record Eagle: [http://www.record-eagle.com/news/local\\_news/education-newsmakers/article\\_e17a2dc3-a38d-5b76-bfef-0a4c21d8928c.html](http://www.record-eagle.com/news/local_news/education-newsmakers/article_e17a2dc3-a38d-5b76-bfef-0a4c21d8928c.html)
- Learn the facts about the Proposal to “Regulate Marijuana Like Alcohol”: <http://www.michiganpreventionassociation.org/>

## IMPORTANT UPCOMING DATES & EVENTS

**January 27<sup>th</sup> 9:00am-1:30pm**– Prime for Life Drug and Alcohol Awareness class (ages 14+) at Catholic Human Services 1832 Oak Hollow Dr, Traverse City. No cost to participants, and no need to pre-register, but please bring a lunch. This is the perfect class for students and adults who may have had an initial negative encounter with substance use, like an MIP or referral from the school. It also could be for someone who is questioning their own substance use, but not diagnosed with a substance use disorder.

**February 8<sup>th</sup> 3:30pm** – GTCDFC Meeting in the TC West Senior High Media Center. The agenda will be sent via email one week prior to the meeting. Note, this meeting takes place the 2<sup>nd</sup> Thursday of every month at 3:30pm.

**February 10<sup>th</sup> 7:00pm** – Charity Hockey Game in Honor of Alex Grizzel at Centre ICE Arena. This event will honor the life of Alex Grizzel which was cut short due to complications with addiction. There will be a silent auction during the game and admission to the game is whatever you can afford to donate. Admission comes with a bracelet that has been made in honor of Alex with the “Have A Purpose” motto. All monies collected will be donated to Addiction Treatment Services in Traverse City. For more information, see the Facebook page: <https://www.facebook.com/Grizzelsgame/>

**February 21<sup>st</sup> 7:00pm** – GTCDFC Treatment Workgroup Meeting at Pine Rest Traverse City Clinic.

## Contact Us

**Renae Fogarty**

Coordinator

Grand Traverse County Drug Free Coalition

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Website: Coming Soon!



**Grand Traverse County  
Drug Free Coalition**

*If you have news or events you would like to share or are interested in participating in the Coalition, please contact Renae Fogarty via email at [Renae.Fogarty@gmail.com](mailto:Renae.Fogarty@gmail.com)*